## FREE Lesson Plan Early Reader - Ages 6-8



Chancer story featured in:

- The New

York Times

- Readers

Digest
Canada

- Guidepost
- Entro
- Adoption

Today


- Invisible disability
- Caring for a pet
- Adoption
- Service dogs
- Bite prevention

Meet your curriculum standards


Donnie Kanter Winokur

Nuzzle
Love between a boy and his service dog written and voice by Donnie Kanter Winokur designed by Jodee Kulp

Nuzzle - love between a boy and his service dog is a sensitive and humor-
 ous portrayal of adoption, disability and the unconditional relationship between a boy and his service dog, Chancer. It is written through the eyes, ears, nose and voice of Chancer and designed as an early reader for six to eight year olds. This book will forever change the way you think about brain injury and second chances. Readers learn how this irresistible $90-\mathrm{lb}$. golden retriever helps to raise his special 'human' boy. Children and adults will understand the daily challenges faced by a child living with the life-long, hidden birth defect, fetal alcohol spectrum disorder (FASD). FASD is the umbrella term used to describe a broad range of effects associated with alcohol use during pregnancy.

Beyond the enjoyment of disappearing into bright and richly colorful artwork, compelling photographs and descriptions of abundant, joyful canine and human love:

- Children learn that hidden or invisible disabilities need to be understood and supported just like the disabilities they can see on the outside of a person.
- Children realize the value that service dogs provide children who are differently-abled.
- Children can satisfy their curiosity about how service dogs help the people with whom they live.
- Parents and teachers can guide the early reader through a gentle journey of how two living beings have more in common than most people might imagine.
- Therapists can use this book as a vehicle to encourage healing around adoption issues.

Six FREE FUN worksheets

- Coloring Page
- Maze
- Crossword Puzzle
- Word Game
- Dot to Dot
- Word Find

Included in this lesson plan or you can download from our website.

## Group activities

A "FAN" OF VALIDATION - students validate one another by sharing appreciative comments:

- Give each child a piece of paper.
- Have students make a fan by folding the paper back and forth into seven equal sections. Once fans are folded, have students write their names on the top section, unfold their fan, and pass it to a classmate.
- The classmate writes something he or she really appreciates about the child in the section immediately below the student's name, folds the section under so the comment is hidden, and passes the fan to another student.
- Students pass the fans until each section has a positive statement.
- When completed, fans are returned to the student whose name is at the top.
- As students read the statements from their classmates, they realize how many "fans" they have on their team!

Source: plsweb.com

## Chancer Answers

FASDempowered has provided talking points to help teachers and group leaders.
We are also available for school presentations and offer classroom book kits.
 teachers and community leaders.

## Invisible Disability

Invisible disabilities, also called "hidden disabilities", can hinder a person's efforts to go to school, work, and socialize. The disability creates the initial challenge for the person who has it, but the additional challenges of navigating in a world of expectation you may not be able to meet can create more complications. Some invisible disabilities that mean life challenges for the person experiencing them include:

- cancer
- color blindness
- diabetes
- epilepsy
- sleep disorders
- ADHD
- AIDS/HIV,
- fetal alcohol
- autism
- allergies


## DEEPER UNDERSTANDING

- Disability 101 - Center on Disability Studies, Hawaii


## Bully Issues

Communities are urged to join hold a Run, Walk, Roll Against Bullying event in their community as a kick off to National Bullying Prevention Month in October

## FUN LINKS \& ACTIVITIES

- Peace Builders offers teachers resources


## DEEPER UNDERSTANDING

- National Bullying Prevention Center is filled with ideas and support to help you prevent bully behaviors.


## Adoption

Children need help understanding this common way of creating families. Teachers who are aware of the normal emotions of adopted kids can develop effective strategies to address some of the challenges at school, such as certain assignments and intrusive questions from others .

- There are more than 5 million adopted children and adults in the United States.
- More than 50,000 children in foster care are adopted each year.
- More than 20,000 children are adopted by Americans from other countries each year.
- $60 \%$ of Americans say they have some contact with adoption.
(Center for Adoption Support Education)


## DEEPER UNDERSTANDING

- The Center for Adoption Support and Education provides information for mental health professionals and is a great site to help teachers understand challenges a student may be facing
- Adoption friendly curriculum ideas download this simple sheet from MNAdopt


## Dog adoption and rescue

Adopting a pet is a wonderful deed-you'll help a dog or cat in need while at the same time find a devoted animal companion. But it's also a long-term commitment and not to be taken lightly.

If your "FIND a DOG or a CAT" it is not Finder's Keepers - the animal is most likely a pet so you have to tell the authorities.

## DEEPER UNDERSTANDING

- Animal Humane Society understanding what they believe and what they do.
- Animal Humane Society keeping your pet safe
- Missing Pet Partnership - Lost dog prevention tips


## Service dogs

The service dog is a type of assistance dog that helps persons with differing abilities.

These are working animals that help persons who may have physical, behavioral or intellectual differences or medical issues. Service dogs are specifically trained for the person.

## DEEPER UNDERSTANDING

- ADA Department of Justice American Disability laws regarding service dogs
- Delta Org - Service Dog Manners Brochure


## Caring for a pet

Healthy play habits between children and family pets don't always come naturally-children need guidance in interacting safely and respectfully with animals. Below you will find links to help children learn how to play nice with their pet. The Animal Society for the Prevention of Cruelty to Animals offers ideas, activities and help for your to enhance your curriculum. You could also invite a local animal trainer or veterinarian to speak.

## FUN LINKS \& ACTIVITIES

- ASPCA Fun games to play with a pet


## DEEPER UNDERSTANDING

- ASPCA general dog care sheets
- ASPCA Dogs and kids information sheets


## Dog bite prevention

4.5 million Americans are bitten by dogs each year, and one in five dog bites results in injuries that require medical attention. There are ways to make dog bites less likely and to help prevent children from being bitten by dogs. Fifty percent of children will be bitten by a dog before their 12th birthday.

## FUN LINKS \& ACTIVITIES

- Invite a "Be a Tree" Presenter to your school.
- May I Pet the Dog? Worksheet to help a child understand the difference between safe and potentially dangerous interactions with dogs.
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## DEEPER UNDERSTANDING

- ASPCA Preventing bites in children
- Center for Disease Control (CDC) Dog Bite Prevention.


## Visit our websites

## Community service projects

## Blankies for Babies

- Tie blankets to give to clinics reminding new mothers not to drink alcohol while pregnant to build Fetal Alcohol Spectrum
to find more teaching connections
- www.TheChancerChronicles.com
- www.FASDempowered.com
- www.ToolboxParent.com
- www.BetterEndings.org Disorder Awareness. (FASD)
Visit Blankies for Babies online for more information


## Snuggies for Puppies for animal rescue organizations

- Collect and donate items on animal organizations’ wish lists: Example: Paper towels, dried dog food, milk substitute, portable cages, blankets and towels, cleansers, and food bowls
- Sponsor a Read-a-Thon to raise money for a local animal shelter in your area.


## Field trip ideas

Petco Founded in 1965, PETCO is a leading pet specialty store with over 1,000 locations across 50 states that offer endless opportunity for pet adoption, pet care education and needs. Its industryleading animal care follows a "Think Adoption First" philosophy that helps customers to explore pet-owning options.

FREE ONLINE and SELF-GUIDED IN-STORE TOUR CURRICULUM is available at www.FieldTripFactory.com. Choose a day that works for you and guide your group on an educational adventure at your local PETCO store.

A field trip to Petco meets
Scout Badge Requirements
Girl Scouts - Brownie

* Animals $\quad *$ Eco-Explorer

Girl Scouts - Junior

* Habitat * Pet Care

Boy Scouts

| $*$ Animal Science | $*$ Dog Care |
| :--- | :--- |
| $*$ Pets | Reptile / Amphibian |
|  | Study |

## Other outreach ideas

- Visit a local animal rescue shelter or veterinary clinic
- Invite a professional to your classroom:
- Local positive-based dog trainer to come to your classroom
- Rescue-dog foster parent or professional from local shelter


## Some questions to explore:

- What is the work they do and how can people help?
- What happens to lost and abandoned animals?
- How can we interpret animal communication?
- How should we be safe around cats and dogs? (www.BeATree.org is an international bite prevention program with teaching ideas)
- How should we care for and protect cats and dogs?
- How can we make life better for animals?







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